

Initials: _____

PATIENT INFORMATION

DATE ____/____/20____

LAST NAME _____ FIRST NAME _____ MIDDLE _____

DATE OF BIRTH ____/____/____ GENDER _____ PREFERRED PRONOUN _____

MARITAL STATUS : M S D W

EMAIL _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____ HOME/CELL PHONE _____

EMPLOYER _____ OCCUPATION _____

WORK ADDRESS _____

EMERGENCY CONTACT _____ RELATION _____

HOME ADDRESS _____ PHONE _____

REFERRED PHYSICIAN _____ PHONE _____

PAYMENT METHOD (CIRCLE ONE): _ INSURANCE PPO _ CASH

FOR INSURANCE BILLING ONLY:

INSURANCE NAME _____ EFFECTIVE DATE ____/____/20____

ADDRESS _____ PHONE _____

CERT # _____ GROUP # _____

SUBSCRIBER _____ DOB ____/____/____

RELATION: SELF / OTHER _____

AGREEMENT & AUTHORIZATION TO PAY MEDICAL BENEFITS DIRECTLY TO ATTENDING PROVIDER:

I HEREBY AUTHORIZE MY INSURANCE _____ TO MAKE PAYMENTS DIRECTLY TO REBECCA KRAUSS, Lac/ CHLOE WEBER/YANG EARTH PLLC FOR ALL MEDICAL EXPENSE BENEFITS OTHERWISE PAYABLE TO ME FOR THIS PERIOD OF TREATMENT. I UNDERSTAND THAT I AM FINANCIALLY RESPONSIBLE FOR ALL CHARGES NOT COVERED BY MY INSURANCE BENEFITS. IN THE CASE OF INSURANCE PAYMENTS ISSUED DIRECTLY TO ME, I AGREE TO SIGN OVER SUCH PAYMENTS/CHECKS DIRECTLY TO REBECCA KRAUSS/ CHLOE WEBER, LAc/YANG EARTH PLLC. I ALSO AUTHORIZE RELEASE OF MY RECORDS TO THE INSURANCE COMPANY FOR BILLING PURPOSES.

PATIENT / PARENT / GUARDIAN / INSURED

Initials: _____

Dear Valued Customer,

Please complete this questionnaire before arriving at the clinic for your first treatment. All the information will be held confidential unless otherwise required by law or you agree this information may be shared for insurance or healthcare reasons. If you have questions, please ask.

Thank

You,

Rebecca Krauss, L.Ac/Chloe Weber

How did you hear about us? _____

HEALTH INFORMATION

Please identify your health concerns listed in order of importance below:

Condition & Date Began Diagnosis & Past Treatment

1. _____

Details: _____

2. _____

Details: _____

Personal Medical History (Include Dates):

Major Surgeries or Accidents: _____

Major Illnesses: _____

Known Allergies (food or drug): _____

Current Medications & Supplements: _____

Lifestyle:

a. Occupation: _____ Hours/Week: _____

b. How many hours per night do you sleep? _____ Do you wake rested? Y / N

c. Diet: List any dietary specifics including avoided foods: _____

Cravings: _____

Meals per day? _____ Water per day (8 oz glasses)? _____

d. Nicotine/Alcohol/Caffeine Use (give a number per day for each if applicable):

_____ Coffee _____ Black Tea _____ Soft Drinks _____ Cigarettes _____ Alcohol

e. Exercise routine: _____

f. Interests and hobbies: _____

g. Activities you do for relaxation: _____

Rebecca Krauss, L.AC, MSAOM, MQP Chloe Weber, L.Ac, MSOM

. (516) 770-6280 • Beccakrauss@gmail.com

Initials: _____

Body Pain:

How did your pain begin: _ Gradually? _ Suddenly?

Please describe when and how it began: _____

Do you have pain: _ All the time? _ Sometimes?

How painful is your condition on a scale from 1-10: _____

(1 = Slight Pain, 10 = Extreme Pain)

Is your pain worse when you:

Sit Bend Walk Lift Push Pull Other: _____

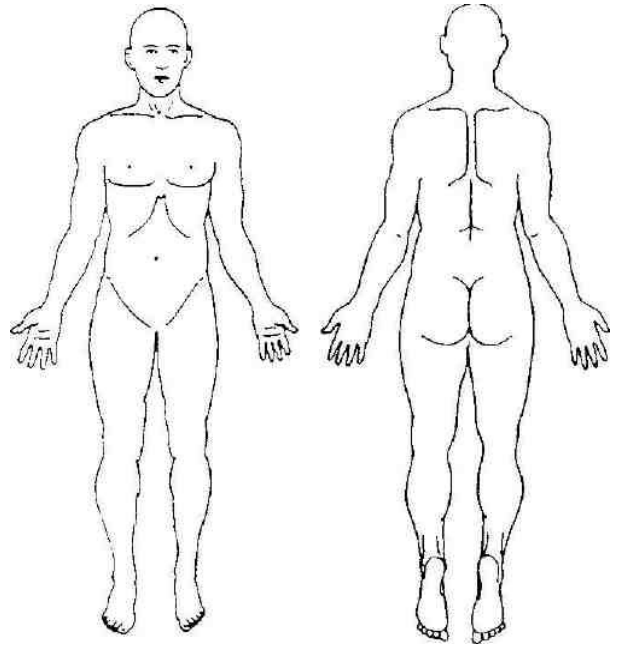
Does your pain interfere with: Work? Sleep? Daily routine?

Do you feel your present condition is:

Temporary? Permanent? Don't know

Please mark areas of pain on the figure to the right using the codes:

Burning: **+++** Sharp: **---** Dull: **000** Worse with Cold: **CCC**



Symptoms Checklist:

Indicate with **One** check any condition that you sometimes experience;

use **Two** checks for those that occur often, use **Three** checks for symptoms that are a major concern.

____ fatigue ____ flatulence ____ weak appetite ____ low body weight
____ indigestion ____ abdominal bloating ____ food allergy ____ diarrhea
____ shallow breathing ____ sinus congestion ____ asthma ____ perspire easily

____ dry scalp ____ weak nails ____ skin eruptions ____ spots in vision
____ blurry vision ____ anemia ____ dizzy on standing ____ light menstruation
____ palpitations ____ racing heartbeat ____ numbness in limbs ____ dry skin/hair

____ lower back ache ____ hearing loss ____ ringing in the ears ____ premature aging
____ hair thinning ____ frequent urination ____ weak legs/knees ____ diabetes
____ inability to focus ____ loose teeth ____ dizziness ____ darkness under eyes
____ infertility ____ developmental disorder

____ cold limbs ____ frequent colds ____ difficult to warm up ____ impotence
____ dislike of cold ____ early morning diarrhea ____ chronic loose stools ____ frequent clear urination
____ night sweats ____ insomnia ____ feel warm in afternoon ____ facial flush
____ nervousness ____ emotional instability ____ dry stools ____ high thirst
____ premature ejaculation ____ excess dreaming ____ mouth sores ____ poor memory
____ aversion to heat ____ dry mouth/throat ____ tired and restless ____ dry cough

Symptoms Checklist (continued):

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> irritability | <input type="checkbox"/> headaches | <input type="checkbox"/> tight neck / shoulders | <input type="checkbox"/> indecisive |
| <input type="checkbox"/> depression | <input type="checkbox"/> fullness below ribs | <input type="checkbox"/> lump in throat | <input type="checkbox"/> PMS |
| <input type="checkbox"/> bitter taste in mouth | <input type="checkbox"/> sore breasts | <input type="checkbox"/> sinus allergies | <input type="checkbox"/> varicose veins |
| <input type="checkbox"/> bleeding issues | <input type="checkbox"/> menstrual cramps | <input type="checkbox"/> pain in fixed location | <input type="checkbox"/> pelvic inflam. disease |
| <input type="checkbox"/> ovarian cysts | <input type="checkbox"/> masses or tumors | <input type="checkbox"/> hepatitis | |
| <input type="checkbox"/> body aches | <input type="checkbox"/> loss of appetite | <input type="checkbox"/> feels like sack over head | <input type="checkbox"/> yeast infection |
| <input type="checkbox"/> vomiting | <input type="checkbox"/> muddled thinking | <input type="checkbox"/> heavy feeling | <input type="checkbox"/> edema |
| <input type="checkbox"/> nausea | <input type="checkbox"/> thirst, no desire to drink | <input type="checkbox"/> pain/fullness in abdomen | |
| <input type="checkbox"/> sore throat/tonsillitis | <input type="checkbox"/> nose bleed | <input type="checkbox"/> dark urine | <input type="checkbox"/> herpes simplex |
| <input type="checkbox"/> hemorrhoids | <input type="checkbox"/> eye infections | <input type="checkbox"/> nasal infections | <input type="checkbox"/> heartburn |
| <input type="checkbox"/> painful/burning urination | <input type="checkbox"/> tendonitis | <input type="checkbox"/> stomach ache/ulcer | <input type="checkbox"/> prostatitis |
| <input type="checkbox"/> ear infections | <input type="checkbox"/> gum problems | <input type="checkbox"/> dark diarrhea | <input type="checkbox"/> constipation |
| <input type="checkbox"/> bad breath | <input type="checkbox"/> strong body odor | <input type="checkbox"/> vaginal infection | <input type="checkbox"/> genital herpes |

Have you been treated for emotional problems? Y / N

Have you ever considered or attempted suicide? Y / N

Any other problems you would like to discuss? _____

The information given here is true to the best of my knowledge:

Signature: _____ **Date:** ___/___/20___

IF APPLICABLE – please check if you have any of the following:

Past Current

- Abnormal PAP smear
- Pain with menstruation
- Birth control pill use
- Bleeding between periods
- Bleeding during/after sex
- Bloating before periods
- Irregular periods
- Breast lumps
- Sickness/weakness
- Vaginal dryness/itching
- Heavy bleeding with period

Past Current

- Hot flashes
- Menopause
- IUD use
- Infertility
- Clots in flow
- Endometriosis
- PMS
- Scanty bleeding with period
- Vaginal discharge/sores
- Breast swelling or pain

Interval between periods: _____ **Duration of menstrual periods:** _____ **Date of last period:** ___/___/20___

Number of pregnancies: _____ **Births:** _____ **Miscarriages:** _____ **Abortions:** _____

Are you pregnant? Y / N

Method of birth control if applicable: _____